



*The way is
the goal!*



CLIMBING IN THE CALMONT REGION:
AN EXPERIENCE FOR THE WHOLE FAMILY



Visit us!



All information available on
www.calmont-region.de



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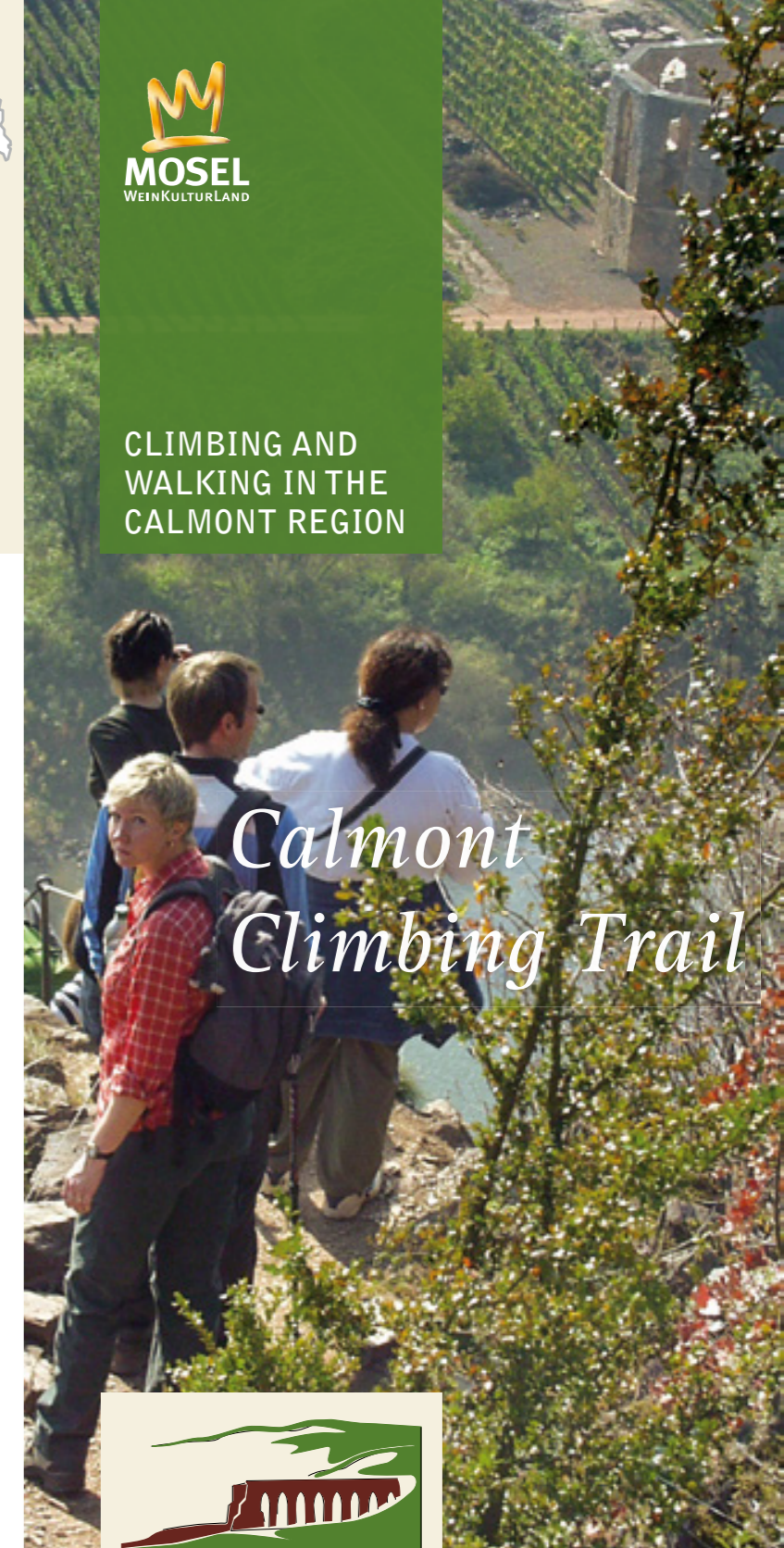


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CLIMBING AND
WALKING IN THE
CALMONT REGION



*Calmont
Climbing Trail*





Above the Clouds



HOW TO FIND US

By car: A61 exit Rheinböllen; B 50, B 421 direction Zell/Mosel, B 49 direction Koblenz; A48 exit Ulmen, B 259 to Cochem, B49 direction Trier to Bremm.

Car parks in Bremm and Neef have signposts giving directions to the climbing trail starting points!

By public transport: Local train from Koblenz and Trier to Ediger-Eller station. Take bus number 711 – “Calmont-Express” – from either Bullay or Cochem.

SAFETY GUIDELINES

For walking or climbing tours in the Calmont Region you need sturdy footwear, a good head for heights and a generally good physical condition. There are many shelters and viewing points where you can stop and rest. On hot summer days it is better to go on the trail in the morning or in the early evening! Please take plenty of drinking water and some kind of protective headwear with you in your backpack! In emergencies dial 112 and give the “Kaul” number!

Useful Information

CALMONT CLIMBING TRAIL

CLIMBING TRAIL

The Calmont Climbing Trail was set up in 2002 as a joint project between the communities of Bremm, Ediger-Eller and Neef. The Deutsche Alpenverein e.V. (German Alpine Association) secured the paths with steel ropes, ladders and numerous stepping brackets and pegs guaranteeing safe ascent and descent.

THEME TRAIL

The Calmont Climbing Trail (A) is one of the four themed trails in the Calmont Region – a real insider tip for hiking and climbing enthusiasts even beyond national borders.

Numerous information charts about the cultural landscape of the steepest vineyards in Europe highlight the very special flora and fauna which can be found along the entire trail.

VITICULTURE

You will encounter vine-filled hollows, the so-called “Kaulen” on your way along the trail. There are dry stone walls in these hollows which support the steep winegrowing terraces. The winegrowers can reach these terraces today by using a mono-rail from road along the Moselle.

VIEWPOINTS, REST AREAS AND SHELTER HUTS

The many rest areas and the shelter hut at the Calmont summit cross (offering food and drink at weekends and on public holidays from Easter to October) invite you to take a break.

MAIN ROUTE

The starting points to the climbing trail are at the railway bridge in Eller and above the church in Bremm. The walk takes about three hours and also includes some quite challenging sections which, however, are well secured. On leaving Eller the trail leads you to the shelter hut Galgen-lay and the Amphitri-on viewpoint. Further on the trail you can branch off from the main route to reach the summit cross of the Calmont (with shelter hut). The main path takes you past the last turn off gently downhill to Bremm.

RETURN PATH VIA CALMONT HEIGHTS

The Calmont High Trail leads you from the summit cross past the Roman High Shrine and on to the so-called “Four-Lake-Viewpoint” at the Moselle hilltop shelter hut and back to Eller.

RETURN PATH ALONG MOSELLE RIVER BANK

From either Bremm or Eller it is also possible to use the foot and cycle path running directly along the banks of the Moselle beside the B 49 road from Ediger-Eller to Bremm. Approx. walking time: 30 minutes.

RETURN WITH THE CALMONT EXPRESS

There is also a bus service running along the Moselle via Bremm and Ediger-Eller. Bus number 711 is called the “Calmont Express”.

Further information available at:
www.calmont-region.de

